



**Apollo Cradle**  
&  
**Apollo Women's Hospitals**

cordially invite you to the CME on

**THERMiVa – A revolution in non-surgical  
tightening of Vulva, Vagina & SUI**  
'Caring for Feminine Wellness using Radio-frequency energy'

**Date: Monday, 12th September, 2016**

**Time: 1:00 PM**

**Venue: Apollo Cradle,**  
1st Floor, 16 Shafi Mohammed Road, Chennai – 600 006

***Lunch followed by session***

Organiser:  
**Dr. Rachna Misra,**  
Medical Superintendent  
Apollo Cradle, SMR, Chennai

Sponsor:  
**ThermiVA**



## Programme Schedule :

### Session 1:

- 02:00 PM Introduction by **Dr. Alpa A Khakhar, MD** (O&G), Sr. Uro Gynaecologist & Pelvic Floor Surgeon, Apollo Hospitals, Chennai
- 02:10 PM Talk on ThermiVA by **Dr. Navneet Magon,** O & G, Endoscopic Pelvic, Reconstructive & Cosmetic Genital Surgeon. Chairman, UPHAI, New Delhi. Founder President, Society of Cosmetic Gynaecology, India.
- 3:00 PM Vote of Thanks by **Dr. Durga. R,** MS (O&G) Registrar – Apollo Hospitals, Chennai.

### Session 2:

- 3:10 PM Workshop

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## THERMIVA:

### Temperature controlled Radiofrequency :

Childbirth and the natural ageing process can cause changes, affecting feminine wellness. A strenuous vaginal childbirth or multiple births can cause stretching of the vagina. The effects of menopause can also cause physical and functional changes, such as excessive dryness. Such situations can affect the well-being of women and the relationship with their partners.

THERMIVA is one such device which helps women reclaim their younger, 'pre-baby' bodies. It is an electrode designed to treat the internal and external anatomical features of the vagina.

THERMIVA, a thermistor- regulated RF energy emission device, uses radiofrequency energy to gently heat tissue. This rejuvenates collagen without discomfort or downtime. THERMIVA is used in non-surgical dermatological applications and other medical specialities to revive feminine wellness.

### The Science of Heat:

#### Platform technology using temperature as a clinical end point:

- Smooth skin @ 42 – 45 C
- Shrink mucosa @ 42 – 45 C
- May require 2 – 3 sittings

#### Effective remedy:

- Uses temperature as a clinical end point
- Safe & reliable results

#### Easy to perform as an outpatient:

- Non-surgical, no anaesthesia required
- No downtime
- Takes less than 30 minutes

#### Indications:

- Atrophic Vagina
- Vulvo Vaginal Laxity
- Mild to moderate Stress Urinary Incontinence (SUI)
- Sexual dysfunction

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For Registrations Contact : Ms. Nandhini - 7299042569

